

NOVEMBER 2018

UNITED WEST ELEMENTARY
2140 State Hwy 135, Monmouth, IL 61462
Pat Coate Principal



BREAKFAST MENU

MONDAY

Breakfast Cost
\$1.25

Extra Milk
.25cents

TUESDAY

MILK CHOICE:

1% White

Fat Free Chocolate

CEREAL CHOICES:

1oz Cereals

1.6oz Cereal Bars

WEDNESDAY

Tues 20th - 2pm

Dismissal

THANKSGIVING
BREAK

THURSDAY

Pancakes

-OR-

Cereal Choice with Granola bar

Sausage Links

Strawberries

100% Fruit Juice

Milk Choice

FRIDAY

Nutri-Grain Bar

WITH

Cereal Choice

Apple

100% Fruit Juice

Milk Choice

Biscuit with Sausage Gravy **5**
-OR-
Cereal Choice with Cinna-Oat Bar
Peaches
100% Fruit Juice
Milk Choice

Granola Bar **6**
WITH
Cereal Choice
Yogurt, optional
Apple
Milk Choice

Apple Oatmeal Bar **7**
-OR-
Cereal Choice with Nutri-Grain Bar
Mandarin Oranges
100% Fruit Juice
Milk Choice

Long John **8**
-OR-
Cereal Choice with StrwbryOat Bar
Strawberries
100% Fruit Juice
Milk Choice

Pop-Tarts **9**
WITH
Cereal Choice
Pineapple
100% Fruit Juice
Milk Choice

Breakfast Pizza **12**
-OR-
Cereal Choice with Cinna-Oat Bar
Peaches
100% Fruit Juice
Milk Choice

Granola Bar **13**
WITH
Cereal Choice
Mandarin Oranges
100% Fruit Juice
Milk Choice

Honey Bun **14**
-OR-
Cereal Choice with Strwbry-Oat Bar
Peaches
100% Fruit Juice
Milk Choice

2 Churro-Apple **15**
-OR-
Cereal Choice with Cinna-Oat Bar
Fruit Cocktail
100% Fruit Juice
Milk Choice

Strawberry Oatmeal Bar **16**
WITH
Cereal Choice
Pears
100% Fruit Juice
Milk Choice

Biscuit with Sausage Patty **19**
-OR-
Cereal Choice with Cinna-Oat Bar
Pineapple
100% Fruit Juice
Milk Choice

Nutri-Grain Bar **20**
WITH
Cereal Choice
Applesauce
100% Fruit Juice
Milk Choice

NO
School **21**

Happy
Thanksgiving **22**

NO
School **23**

Breakfast Burrito **26**
-OR-
Cereal Choice with Cinna-Oat Bar
Peaches
100% Fruit Juice
Milk Choice

Pop-Tarts **27**
WITH
Cereal Choice
Cinnamon Apples
100% Fruit Juice
Milk Choice

Z Storm Bread **28**
-OR-
Cereal Choice with Granola Bar
Pineapple
100% Fruit Juice
Milk Choice

Pancake Wrap **29**
-OR-
Cereal Choice with
Strawberry Oat Bar
Banana
Milk Choice

Nutri-Grain Bar **30**
WITH
Cereal Choice
Fruit Cocktail
100% Fruit Juice
Milk Choice